

2023-2024 Academic Year Counseling Program Evaluation Report

University of North Texas at Dallas Counseling Program Evaluation Report 2023-2024 Academic Year

UNT Dallas Counseling Program continues to hold CACREP accreditation for the School Counseling and Clinical Mental Health Counseling programs. In addition, the School Counseling program is accredited by the Texas Education Agency.

Annual CACREP Reporting Requirements

Enrollment for the UNT Dallas Counseling Programs from Fall 2023 to Summer 2024 was as follows:

Masters in Counseling Enrollment			
Semester Enrollment	Clinical Mental	School	
	Health Counseling	Counseling	
	(MS)	(MED)	
Fall 2023	131	5	
Spring 2024	152	3	
Summer 2024	153	3	

<u>Demographics</u> of the UNT Dallas Counseling Program in Spring 2024 were as follows:

Clinical Mental Health Counseling Program:

Clinical Mental Health Counseling Program	Male	Female	Non-Binary /Gender Fluid	TOTAL = 152
American Indian or Native Alaskan	1	0	0	1
Asian	1	4	0	5
Black	4	25	0	29
Hawaiian Native or Pacific Islander	0	0	0	0
Hispanic	5	41	0	46
Two or More	0	0	0	0
Unknown/Other	0	16	0	16
White	17	38	0	55
International Student	0	0	0	0
Active Duty Military	0	0	0	0
Veteran	3	2	0	5
With a Disability	0	5	0	5

In Spring 2024, the demographics of the 152 students in the CMHC program were 81.6% females and 18.4% males; .6% American Indian, 3.3% Asian, 19.1% Black, 30.3% Hispanic, 10.5% other, and 36.2% White non-Hispanic. Veterans were 3.2% and people with a disability were 3.2%.

School Counseling Program

School Counseling Program	Male	Female	Non-Binary /Gender Fluid
American Indian or Native Alaskan	0	0	0
Asian	0	0	0
Black	0	0	0
Hawaiian Native or Pacific Islander	0	0	0
Hispanic	0	3	0
Two or More	0	0	0
Unknown/Other	0	0	0
White	0	0	0
International Student	0	0	0
Active Duty Military	0	0	0
Veteran	0	0	0
With a Disability	0	0	0

In Spring 2024, the demographics of the 3 students in the School Counseling program were 100% female and 100% were Hispanic. None were veterans and none had a disability.

The demographics of our UNT Dallas fulltime counseling faculty were similar to the demographics of our students. The race/ethnicity of our 6 full time faculty is 16% (n = 1) Asian; 50% (n = 3) Black; 16.7% (n = 1) Hispanic; and 33.3% (n = 2) White. (Note: One of our faculty members identifies as Black and Hispanic so the total is over 100%). Our faculty is 83% (n=5) female and 17% (n=1) male.

<u>Graduates</u> of the UNT Dallas Counseling Program from Fall 2022 to Summer 2023 were as follows:

Graduated Program	Fall 2023	Spring 2024	Summer 2024	Total
Clinical Mental Health Counseling (MS)	19	19	5	43
School Counseling (MED)	0	0	0	0

Between Fall 2023 and Summer 2024, **43 students graduated from our Clinical Mental Health Counseling program** and 0 students graduated from our School Counseling program.

<u>Completion rate</u> is difficult to calculate because students are allowed 7 years to complete the 60 hour CMHC program and School Counseling program. Although most students complete the CHMC and SC program in 3 to 4 years, depending on if they attend full time or part time, some

students take longer to complete the program due to health, family or career issues. Therefore, the completion rate for Fall 2023-Summer 2024 was based on CMHC students entering during our first CMHC cohort in Fall 2016-Spring 2017 (N=32) and SC counseling students entering Fall 2016-Spring 2017 (N=2). The completion rate for CMHC students entering Fall 2016-Spring 2017 was 19 out of 32 (59.38%) and for School Counseling students was 2 out of 2 (100%).

Of those alumni who responded to the 2024 UNT Dallas Counseling Alumni survey question about employment, 100% of Clinical Mental Health counseling responding alumni were employed in the field of counseling while 100% of School Counseling responding alumni were employed as Certified School Counselors.

National Counselor Exam (NCE) and TEXES School Counselor Exam Pass Rates

Our graduates usually perform well on licensing and certification examinations. Between Fall 2023 and Spring 2024, 27 of our UNT Dallas students or graduates took the National Counselor Examination, the standardized examination required for state licensure as a professional counselor, and 24 passed, indicating a **NCE pass rate of 89%**. Between Fall 2023 and Spring 2024, 0 School Counseling graduates took the TExES School Counselor Examination.

Objectives

Program faculty continue to affirm our program objectives and priorities, which are as follows:

Through a curriculum grounded in social justice and service learning, graduates will gain exposure to diverse field-based experiences that assist them to develop foundational knowledge, skills, and dispositions necessary for success in clinical mental health and school counseling settings. Specifically, graduates will:

- 1. Demonstrate mastery of core counseling knowledge and skills necessary for licensure and certification.
- 2. Through a process of personal and professional reflection, identify a guiding theory of counseling that will serve as a foundation for counseling.
- 3. Develop and maintain effective, culturally responsive counseling relationships.
- 4. Cultivate ethical and legal disposition to counseling practice.
- 5. Demonstrate social justice advocacy and leadership skills in counseling practice.
- 6. Develop, manage, and evaluate counseling services and programs.

Program Objective	Established Minimum	Aggregate Achievement
	Threshold	
1. Demonstrate mastery of core counseling knowledge and skills necessary for licensure and certification.	1.a. 80% or better of all students earn a CPCE Total score that is not lower than 1.5 standard deviations below the National Mean	1.a. 89.75% (Fall 2023 and Spring 2024) of students passed the CPCE
	1.b. 80% or better of CMHC students pass the	1.b. 88.89% (Fall 2023 and Spring 2024) of CMHC alumni passed the NCE.

	NCE	
2. Through a process of personal and professional reflection, identify a guiding theory of counseling that will serve as a foundation for counseling.	1.c. 80% or better of SC students pass the TExES School Counselor exam 2.a. 80% or better of COUN 5690 students earn 80% or better on their Practicum Case Presentation Theory Section (KPI 5b.3)	1.c. 0 school counseling students took the Fall 2023 or Spring 2024 TEXES. 2.a. 90% of students achieved at least 80% or better.
counseinig.	2.b. 80% or better of COUN 5660 students earn 80% or better on their Theory Paper (KPI 5b.2)	2.b. 85% of students achieved at least 80% or better.
3. Develop and maintain effective, culturally responsive counseling relationships.	3.a. 80% or better of COUN 5721 students earn 80% or better on their Case Conceptualization diversity section. (KPI 2.2)	3.a. 100% of students achieved at least 80% or better.
	3.b. 80% or better of students pass their CPCE – Social & Cultural section.	3.b. 89.75% (Fall 2023 and Spring 2024) of students passed the CPCE
	3. c. 80% or better of COUN 5790 students earn 80% or better on their RCID Paper (KPI 2.1)	3.c. 89% of students achieved at least 80% or better.
4. Cultivate ethical and legal disposition to counseling practice.	4.a. 80% or better of COUN 5720 students earn 80% or better on their Case Conceptualization ethics section. (KPI 1.2)	4.a. 100% of students achieved at least 80% or better.
	4.b. 80% or better of students pass their CPCE ethics	4.b. 89.75% (Fall 2023 and Spring 2024) of students passed the CPCE

	section	
	4.c. 80% or better of COUN 5100 students earn 80% or better on their Ethics Case Conceptualization (KPI 1.1)	4.c. 88% of students achieved at least 80% or better (Spring 2024).
5. Demonstrate social justice advocacy and leadership skills in counseling practice.	5.a. 80% or better of COUN 5100 students earn 80% or better on their Group Advocacy Project	5.a. 100% of students achieved at least 80% or better.
	5.b. 80% or better of COUN 5721 students earn 80% of better on PCPE Items (KPI 5.aTime 4) CMHC Items 3n, 3u SC Items 3j - r, 4a, 4i	5.b. 100% of students achieved at least 80% or better.
6. Develop, manage, and evaluate counseling services and programs.	6.a. 80% of COUN 5300 CMHC students earn 80% or better on their Organizational Leadership and Advanced Clinical Mental Health Program Agency Case Study Presentation (KPI CMHC 2)	6.a. 85% of students achieved at least 80% or better.
	6.b. 80% COUN 5341 Advanced School Counseling students earn 80% or better on their Accountability Project (KPI SC.2).	6.b. 100% of students achieved at least 80% or better

KPI and AQI Evaluation Results

As shown in SSR 2.E, all Key Performance Indicators and Academic Quality Indicators were met.

Internship Site Supervisor Reports

We asked Internship site supervisors to rate their UNT Dallas Counseling interns. Based on results from site supervisors of 43 students in their final internship across Fall 2023, Spring 2024, and Summer 2024, the percentage of interns who were rated as "consistently meets criteria" or "exceeds criteria" in administrative skills, counseling clinical skills, multicultural competencies, ethical behavior, professional relationship skills was 100%. In addition, on the COUN 5721 Internship 2 Program Evaluation Survey by site supervisors, 82% rated the UNT Dallas program as above average or better.

Counselor Preparation Comprehensive Examination (CPCE)

The Counselor Preparation Comprehensive Examination (CPCE) Total Score passage rate in Fall 2023 was 92%, Spring 2024 was 89%, and Summer 2024 was 100%.

CPCE Passing	Fall 2023	Spring 2024	Summer 2024
Number of Students Taking the	12	9	2
Exam			
Number of Students Passing the	11	8	2
Exam			
Total with Passing Score	92%	89%	100%
Ethics	92%	100%	100%
Social & Cultural Foundations	100%	100%	100%
Human Growth/ Development	100%	100%	100%
Career	100%	89%	100%
Helping Relationships	100%	89%	100%
Group	100%	89%	100%
Assessment	100%	100%	100%
Research	100%	100%	100%

Student Survey

In Fall 2024, students were surveyed about their perceptions of UNT Dallas' counseling program strengths and areas of needed improvement. Twenty-two students out of 152 requests sent responded to this student survey, resulting in an 14.5% response rate. Related to program goals, student survey respondents who either strongly agreed or agreed that the program was helping them develop a professional **counselor identity** was 90; articulate a **guiding theory** was 86 and becoming a **multi-culturally competent social justice advocate** was 91%. Student survey respondents who either strongly agreed or agreed that UNT Dallas faculty provide **quality teaching** was 91%; believed the **diversity of students** benefited their professional development was 82%; and were **satisfied with the counseling program** was 91%. Students identified **program strengths** as excellent professors who want you to succeed, the care for each student's development, culturally sensitive, cost, diversity, good support system, "deeply supportive, community-focused approach that empowers students to become compassionate, skilled counselors". They identified **areas for improvement** were more hybrid courses rather than

100% online, quicker response from faculty members, communication with students who are half-way through the program, updated Crisis intervention textbook, organization of some professors, accept higher quality students, assistance with internship sites, and alumni network.

Alumni Survey

In Fall 2024, alumni were surveyed about their perceptions of UNT Dallas' counseling program strengths and areas of needed improvement. Out of approximately 100 requests sent, 10 alumni responded to the survey, resulting in a 10% response rate. When asked how well the UNT Dallas Counseling program prepared them to be an effective counselor, 100% of alumni survey respondents to that question indicated they were either prepared or very well prepared. Alumni survey respondents were asked to rate how well they were prepared based on a number of items. The percentage of CMHC alumni survey respondents who indicated they were either very well prepared or prepared for applying ethical standards was 100%; multicultural counseling competencies was 100%; social justice advocacy was 100%; understanding human development was 100%; counseling theories was 100%; career development was 100%; conducting individual counseling was 100%; group counseling was 100%; client assessment was 100%; diagnosis was 83%; crisis intervention was 100%; and using data and literature to develop programs was 100%. Alumni survey respondents were employed in a counseling related field was 100%. Alumni identified **program strengths** predominantly as supportive community, experience of faculty, small class sizes, guidance of faculty, good preparation, and CACREP accreditation. Alumni's recommendations for **program improvement** were quality professor to teach DSM, discuss virtual therapy, guidance on business aspects of private practice, more in-depth direction on specific therapeutic modalities, communication with students, and faculty organization.

Program Modifications Based on Evaluations

Upon review of the data, the counseling faculty plan the following changes to improve the program:

- 1. Ensure content and teaching expert teaches our DSM course, based on alumni survey results showing only 83% believed they were well prepared.
- 2. Ensure faculty members respond to students within 48 business hours, based on student survey responses on ways to improve the program.
- 3. Offer more hybrid courses, rather than 100% online courses and ensure 100% online courses offer at least two to three synchronous class meetings, based on student survey responses on ways to improve the program.
- 4. Ensure an up-to-date textbook is used in Crisis Counseling and all courses, based on student survey responses on ways to improve the program.
- 5. Facilitate active engagement in helping students find practicum and internship sites that meet their needs, based on student survey responses on ways to improve the program.
- 6. Emphasize the expected time and effort for quality course work for students, during new student orientation and in each course, based on student survey responses on ways to improve the program.

- 7. Facilitate alumni and current student networking opportunities, based on student survey responses on ways to improve the program.
- 8. Facilitate guidance on business aspects of private practice, based on student survey responses on ways to improve the program.

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Aggregate Assessment of Student Success			
Student Success Indicator	Established Minimum Threshold(s) by Assessment Type (if applicable)	Times When Data Was Collected	Aggregate Achievement Level at Each Point in Time Data Was Collected
Key Performance Indicators – Entry Level			
Apply an ethical decision-making model to counseling practice. Time 1 (Knowledge): COUN 5100 Ethical Hypothetical Case Study Final Paper Time 2 (Skills): COUN 5720 Ethical Section of Case Conceptualization, Actual Client	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric 	 First or second semester Second to the last semester 	 88% of students achieved at least 80% or better (Spring 2024). 100% of students achieved at least 80% or better.
2. Demonstrate Multicultural Counseling responsiveness and Social Justice relevant to practice in one's work setting. Time 1 (Knowledge): COUN 5790 Apply a RCID model to self Time 2 (Skills): COUN 5721 Case Conceptualization Diversity Section Apply RCID model to client and discuss social justice advocacy	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric 	 Second or third semester Last semester 	 89% of students achieved at least 80% or better. 100% of students achieved at least 80% or better.
3. Conceptualize clients with attention to developmental theories and science inclusive of biological, psychological, cognitive, environmental, and systemic factors impacting human development across the lifespan.	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. 	 Second or third semester Third to last semester 	 93% of students achieved at least 80% or better. 85% of students achieve at least 80% or better.

	Time 1 (Knowledge): COUN 5670 Developmental Case Study Conceptualization Paper Time 2 (Skills): COUN 5690 Practicum Case Conceptualization Development Section of client			
4.	Apply career development theory and practice to counseling experiences with attention to culture and mental health Time 1 (Knowledge): COUN 5470 Career Service-Learning Experience Project Time 2 (Skills): COUN 5721 Case Conceptualization Career Section to client	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. 	 Middle of program Last semester 	 92% of students achieved at least 80% or better. 100% of students achieved at least 80% or better.
5.	A. Apply invitational, attending, and influencing skills to develop relationships with clients. KPI 5a – TIME 1 (knowledge/skill): COUN 5660 Advanced Counseling Skills Demonstration Counseling video recording with peer (GoReact) KPI 5a – TIME 2 (skill): COUN 5690 Practicum Case Presentation and Video Recording with client (GoReact) KPI 5a – TIME 3 (skill): COUN 5720 Internship 1 Presentation and Video Recording with client KPI 5a – TIME 4 (skill): COUN 5721 Internship 2 Professional Counseling Performance Evaluation (PCPE) Section 3 Counseling Prevention and Intervention	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. At least 80% or better on the graded assignment points based on the rubric. At least 80% or better on the graded assignment points based on the rubric. At least 80% or better on the graded assignment points based on the rubric. 	 Fourth to last semester Third to last semester Second to last semester Last semester 	 80% of students achieved at least 80% or better. 85% of students achieved at least 80% or better. 100% of students achieved at least 80% or better. 100% of students achieved at least 80% or better.

	B. Conceptualize client experiences and counseling implications through the lens of an established counseling theory. KPI 5b – TIME 1 (knowledge): COUN 5710 Counseling Theories Humanistic or Cognitive Theory Paper applied to hypothetical client KPI 5b – TIME 2 (skill): COUN 5660 Advanced Counseling Theory and Professional Growth Paper applied to peer practice KPI 5b – TIME 3 (skill): COUN 5690 Practicum Case Presentation Theory Section applied to client	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. At least 80% or better on the graded assignment points based on the rubric. 	 First semester Fourth to last semester Third to last semester 	 80% of students achieved at least 80% or better. At least 90% of students achieved at least 80% or better. At least 85% of students achieved at least 80% or better.
6.	Design a culturally relevant counseling group for implementation in a CMHC or SC setting KPI 6 – TIME 1 (knowledge): COUN 5740 Group Counseling – Culturally Relevant Group Counseling Proposal KPI 6 – TIME 2 (skill): COUN 5740 Group Counseling – Group Leadership Project	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. 	 Middle of program Middle of program 	 1. 100% of students achieved at least 80% or better. 2. 100% of students achieved at least 80% or better.
7.	Administer and analyze assessment results of a client KPI 7 – TIME 1 (knowledge): COUN 5675 Evaluation Report of volunteer	At least 80% or better on the graded assignment points based on the rubric	 Third or fourth semester Second to last semester 	1. N/A Not taught in Spring 2024

KPI 7 – TIME 2 (skill): COUN 5720 Case Conceptualization Assessment & Diagnosis Section (Treatment plan)	2. At least 80% or better on the graded assignment points based on the rubric.		2. 100% of students achieved at least 80% or better.
8. Demonstrate working knowledge to interpret counseling research KPI 8 – TIME 1 (knowledge): COUN 5050 Research Project KPI 8 – TIME 2 (skill) Measure: COUN 5690 Practicum Case Conceptualization & Treatment plan with research citations for treatment planning	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. 	 Second or third semester Third to last semester 	 93% of students achieved at least 80% or better. 85% of students achieved at least 80% or better.
CMHC: Conceptualize CMHC practice with attention to service delivery modalities, interdisciplinary collaboration, and practice management. KPI CMHC – TIME 1 (knowledge): COUN 5300 Organizational Leadership and Advanced Ethics Evidenced Based Program Project KPI CMHC – TIME 2 (skill): COUN 5300 Organizational Leadership and Advanced Clinical Mental Health Program Agency Case Study	 At least 80% or better on the graded assignment points based on the rubric At least 80% or better on the graded assignment points based on the rubric. 	Second to last semester or last semester Second to last semester or last semester	 1. 100% of students achieved at least 80% or better. 2. 85% of students achieved at least 80% or better.
SC: Conceptualize a comprehensive school counseling program with developmentally appropriate attention to academic, career, and social emotional development.	At least 80% or better on the graded assignment points based on the rubric	Second semester Third or second to last semester	1. 100% of students achieved at least 80% or better on the graded assignment points based on the rubric

KPI SC – TIME 1 (knowledge): COUN 5461 Professional School Counseling – SC Portfolio aligned with ASCA standards KPI SC – TIME 2 (skill): COUN 5341 Advanced School Counseling – Accountability Project that measures a specific school's implementation of academic, career, and social emotional development.	2. At least 80% or better on the graded assignment points based on the rubric.		2. 100% of students achieved at least 80% or better on the graded assignment points based on the rubric.
Professional Dispositions – Entry-Level			
Consistently demonstrate personal characteristics reflecting a professional counselor			
Time 1: COUN 5680 Basic Counseling Personal Characteristics Checklist	1. 2 or more on all 20 items on Personal Characteristics Checklist (PCC)	1. First semester	94% of students achieved at least 80% or better on the graded assignment points based on the rubric
Time 2: COUN 5660 Advanced Counseling Personal Characteristics Checklist	2. 3 or more on all 20 items on Personal Characteristics Checklist (PCC)	2. Middle of the program	2. 100% of students achieved at least 80% or better on the graded assignment points based on the rubric
Time 3: COUN 5690 Practicum Personal Characteristics Checklist	3. 4 on most (80%) of items on Personal Characteristics Checklist (PCC)	3. Third to last semester	3. 85% of students achieved at least 80% or better on the graded assignment points based on the rubric
Time 4: COUN 5720 Internship 1 Personal Characteristics Checklist	4. 4 on all 20 items on Personal Characteristics Checklist (PCCO	4. Second to last semester	4. 100% of students achieved at least 80% or better on the graded assignment points based on the rubric

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Delete cells if not needed (right click in cell – select "Delete cells" – choose "Delete entire row")

Aggregate Assessment of Graduate Outcomes					
Туре	Established Minimum Threshold	Times When Data Was Collected	Aggregate Achievement Level by Program Delivery Type and Specialized Practice Area(s)		
Pass Rates on CPCE	At least 80% of students' Total score that is not lower than 1.5 standard deviations below the National Mean	End of each semester (Spring 2024)	89.75% (Fall 2023 and Spring 2024) of students passed the CPCE		
Pass Rates on Credentialing Examinations (NCE)	At least 80% of students' Passing minimum threshold established by NBCC	End of each semester	88.89% (Fall 2023 and Spring 2024) of CMHC alumni passed the NCE.		
Degree Completion Rates	At least 80% of students complete their degree	Each summer	81.25% of Fall 2019 cohort students completed their degree 22.22% of Spring 2020 students completed their degree. This unusually low complete rate was due to COVID. The Spring 2020 cohort students were expecting a mostly face to face program but the forced online conversion as well as potential illness were so overwhelming that most students did not progress.		
Employment and Doctoral Admission Rates (if applicable)	At least 80% of graduates are employed in the counseling field	Each summer	83% of graduates are employed in the counseling field based on 2023 alumni survey		

Aggregate As	sessment of Fieldwork Placements		
Туре	Established Minimum Threshold	Times When Data Was Collected	Aggregate Achievement Level by Program Delivery Type and Specialized Practice Area(s)
Practicum	The practicum placement rate of students in practicum sites will be 100%.	At the end of each semester	100% of practicum students were placed in practicum sites
Practicum	At least 80% of practicum students earn 2 or 3 on all Professional Counseling Performance Evaluation (PCPE) items	At the end of each semester	85% of practicum students earn 2 or 3 on all Professional Counseling Performance Evaluation (PCPE) items
Internship	The internship placement rate of students in internship sites will be 100%	At the end of each semester	100% of internship students were placed in practicum sites
Internship	At least 80% of practicum students earn 2 or 3 on all Professional Counseling Performance Evaluation (PCPE) items	At the end of each semester	100% of internship students earned 2 or 3 on all Professional Counseling Performance Evaluation (PCPE) items

UNT Dallas. Data from Spring 2024 unless otherwise specified.