**PROGRAM DESCRIPTION**
The M.S. in Clinical Mental Health Counseling (CMHC) offers training to those who are interested in working in clinical settings in the mental health and human services field. More specifically, you will learn the knowledge and skills to treat clients who struggle with issues from adjusting to everyday life to serious mental health issues and concerns. While the classroom serves as one form of training ground, clinical experiences and field placements serve to enhance the counselor-in-training with adequate preparation to enter the field. For example, if you are interested in the treatment of children, you may complete play therapy electives and choose a play therapy focused internship. Students completing the entire sequence of coursework will meet the educational requirements for the Texas State License in Professional Counseling, the State of Texas stipulates passing the National Counseling Exam and earning 3,000 clock hours of supervised clinical experience after earning the master’s degree.

**CAREER OPTIONS**
Mental Health Center Counseling  
Private Counseling  
Drug Abuse Treatment Centers  
Centers for Counseling Older Adults  
Child Protective Services  
Child Counseling Clinics  
Family Counseling Centers  
Pastoral Counseling  
Private Practice  
Counseling Services in a Corporate/Industry Setting

**GRADUATE FACULTY**
Samuel Bore, Ph.D, LPC-S, Counseling Chair  
Jennifer Baggerly Ph.D., LPC-S, RPT-S, Counseling Professor  
Yu-Fen Lin Ph.D., LPC-S, Counseling Professor  
Shelley Jackson Ph.D., LPC, RPT-S, Counseling Lecturer  
Deborah Ferguson–Cain, Ph.D., LPC-S, Lecturer

**DELIVERY MODE**
Evening classes with occasional condensed, hybrid, online coursework

**ACCREDITATION**
Council for the Accreditation of Counseling & Related Educational Programs (CACREP)

**CERTIFICATIONS - STATE & NATIONAL**
- Meets academic requirements for Texas School Counselor Certification  
- National Certified Counselor (NCC)  
- Students can begin to fulfill exam and credit requirements toward becoming Licensed Professional Counselors (LPC) in Texas.

**PRACTICUM/FIELD EDUCATION**
Supervised Practicum and Internships are completed near the end of the student’s program. Practicum requires a minimum of 100 counseling hours. Internship experiences require a minimum of 600 hours under the supervision of a counselor in the students’ area of interest. This will be arranged in consultation with the Internship coordinator.
CURRICULUM

Core Courses
- COUN 5470 Career Dev. and Information Resources
- COUN 5660 Advanced Counseling Skills
- COUN 5680 Basic Counseling Skills
- COUN 5690 Practicum in Counseling
- COUN 5710 Counseling Theories
- COUN 5720 Internship in Counseling I
- COUN 5721 Internship in Counseling II
- COUN 5740 Group Counseling Theories and Procedures
- COUN 5790 Counseling Culturally Diverse Clients
- COUN 5670 Developmental Processes and Strategies
- EPSY 5050 Educational Research and Evaluation

Elective Options
- COUN 5461 Professional School Counseling
- COUN 5610 - Drug and Addiction Education for Counselors
- COUN 5640 - Group Play Therapy
- COUN 5580 - Family Counseling
- COUN 5490 - Crisis Intervention
- OR -
- COUN 5200 Counseling Adolescents

Note: In order to be eligible for School Counselor Certification in Texas, graduates of the M.Ed. School Counseling program must have a minimum of two years classroom teaching experience and a passing score in the TExES School Counselor #152 Examination.