The M.S. in Clinical Mental Health Counseling (CMHC) offers training to those interested in working in clinical settings in the mental health and human services field. More specifically, you will gain the knowledge and learn the skills to treat clients who struggle with issues from adjusting to everyday life to serious mental health issues and concerns. While the classroom serves as one form of training ground, clinical experiences and field placements enhance the counselor-in-training with adequate skills to enter the field. For example, if you are interested in treating children, you may complete play therapy electives and choose a play therapy-focused internship.

Students completing the entire sequence of coursework will meet the educational requirements for the Texas State License in Professional Counseling. The State of Texas stipulates passing the National Counseling Exam and earning 3,000 clock hours of supervised clinical experience after earning the master's degree.

**CAREER OPTIONS**

- Mental Health Center Counseling
- Private Counseling
- Drug Abuse Treatment Centers
- Centers for Counseling Older Adults
- Child Protective Services
- Child Counseling Clinics
- Family Counseling Centers
- Pastoral Counseling
- Private Practice
- Counseling Services in a Corporate/Industry Setting

**DELIVERY MODE**

Face to face (with a few hybrid and online) course offerings; weekday evenings.

**START TERMS**

- Fall, Spring

**NUMBER OF CREDITS**

- 60 credits

**PROGRAM LENGTH**

- Part-time: 3.5 yrs, Full-time: 2.5 yrs
CURRICULUM REQUIREMENTS
60 CREDIT HOURS

CORE COURSES • 42 HOURS

COUN 5680 – Basic Counseling Skills
COUN 5710 – Counseling Theories
COUN 5100 – Counseling Professional Orientation & Ethical Practice
COUN 5050 – Educational Research
COUN 5670 – Developmental Processes & Strategies
COUN 5765 – Appraisal in Counseling
COUN 5790 – Counseling Culturally Diverse Clients
COUN 5470 – Career Development & Information Resources
COUN 5480 – Diagnosis & Treatment
COUN 5660 – Advanced Counseling Skills
COUN 5740 – Group Counseling Theories & Procedures
COUN 5300 – Organizational Systems & Advanced Ethics in CMHC
COUN 5490 – Crisis Intervention Counseling
COUN 5610 – Addiction Counseling

ELECTIVE COURSES • 9 HOURS

*Based on desired track – Adult, Adolescent, Child
(Select 3 of the following):
COUN 5200 – Counseling Adolescents
COUN 5500 – Human Sexuality in Counseling
COUN 5580 – Family Counseling
COUN 5590 – Couple Counseling
COUN 5640 – Group Play Therapy
COUN 5700 – Introduction to Play Therapy

AVAILABLE AREAS OF FOCUS

Counseling Children For students who want to specialize in play therapy.
Counseling Adolescence For students who plan to work with adolescents.
Counseling Adults For students who plan to counsel adults, couples, and families.

CLINICAL COURSES • 9 HOURS

COUN 5690 – Practicum in Counseling
COUN 5720 – Internship in Counseling I
COUN 5721 – Internship in Counseling II

PRACTICUM/FIELD EDUCATION

Supervised Practicum and Internships are completed near the end of the student’s program. Practicum requires a minimum of 100 counseling hours. Internship experiences require a minimum of 600 hours under the supervision of a counselor in the student’s area of interest. Students must apply for practicum and internship and get approval from the practicum/internship coordinator one semester before enrolling in the classes.

The Clinical Mental Health Counseling (CMHC) tracks are designed to prepare persons for work in private or public agencies where the primary focus is on the mental health concerns for clients of that target demographic.

APPLICATION PROCESS

• Apply at applytexas.org
• Pay $50 application fee
• Request official transcripts

PROGRAM REQUIREMENTS

• Program Application
• 3 Recommendation Forms
• Essay
• Interview
• Onsite Essay (Applicants will be required to write an essay during interview)

For questions about admissions:
Grad School Department:
GradSchool@untdallas.edu
972.338.1746

For questions about academics & courses:
Samuel Boré, Ph.D.
Counseling Program Coordinator
Samuel.Bore@untdallas.edu
972.338.1392

For general questions & inquiries:
Grad Counseling Program
GradCounselingProgram@untdallas.edu
972.338.1391

TUITION AND FEES

COST PER CREDIT HOUR
$376.31

6 CREDIT HOURS $2,132.86
9 CREDIT HOURS $3,186.79

Tuition and fees are subject to changes. For more information visit: untdallas.edu/sbs/tuition-and-fees

Licensure also requires National Counseling Exam and 3,000 hours supervised clinical experience after the Master’s degree has been obtained.

Ready to get started?