

Rosario Garcia Ortiz, Ph.D., LPC

Adjunct Professor

Department of Psychology, University of North Texas at Dallas

Education

Ph.D. in Counselor Education and Supervision

May 2025

St. Mary's University, CACREP accredited

San Antonio, Texas

Dissertation: Conceptions of Latinos and Latinas about the Grieving Process and Associate Concepts of Dying, Death, Bereavement, and Loss: A COVID-19 Post Pandemic Case Study

M.Ed. in Counseling

December 2014

Sul Ross State University-Rio Grande College

Del Rio, Texas

B.A. in Psychology/Minor in Criminal Justice

May 2010

Sul Ross State University-Rio Grande College

Del Rio, Texas

Professional Licensure

License Professional Counselor -Texas - #78688

Licensed Mental Health Counselor – Florida - #26551

Teaching Experience

Adjunct Professor – University of North Texas at Dallas

January 2025 – Present

Social Psychological Theory in Close Relationships

Research Methods in Psychology

Careers and Writing in Psychology

Adjunct Professor –Sul Ross State University

August 2022 – May 2023

Standardized Assessment Principals

Career Counseling

Personalities and Counseling Theories

Human Growth & Development: Emphasis on Adult Learning Pedagogy

Responsibilities: Provided Master of Counseling students synchronous and asynchronous courses. Assisted students learn research and clinical skills for at risk clients and general population. Supported counseling program director with counseling program policies and regulations to maintain curriculum to state and university standards.

Teacher Assistant - Sul Ross State University

Career Counseling

January – May 2018

Graduate Teaching Assistant - Sul Ross State University

January 2014-May 2015

Special Topics in Play Therapy

Group Counseling

Techniques I/II

Multicultural & Diversity Counseling

Psychopathology

Course Facilitator – United States Probation Office

January 2010 – March 2017

Responsibilities: Provided life skills courses for federal offenders, collaborated with supervisors in preparing curriculum for offenders to meet Texas Western District and Administrative Office of the United States Courts procedures, policies, and regulations. Member and trainer for the United States Probation Office Training Team providing training courses for United States Probation office staff.

Supervision

Supervised Practicum Master level Counseling Students
Sul Ross State University

January 2014-May 2015

Research Interests

Death and Dying, Grief and Loss, Latino studies, Movement and Embodiment theory

Presentations

Southern Association for Counselor Education and Supervision
Myrtle Beach, South Carolina

October 2018

Texas Counseling Association Conference
Dallas, Texas

November 2014

Texas Counseling Association Conference
San Antonio, Texas

November 2013

Clinical Experience

Private Practice Founder – Licensed Professional Counselor

Repose Mental Health and Wellness, LLC

December 2020 – Present

- Offers individual, couples, family therapy in office or telehealth
- Services children, adolescents, adults
- Specializes with grief and loss and hospice care
- Offers different therapy modalities such as psychotherapy, neurofeedback, breath work, sound healing, Yoga Nidra, movement and embodiment

Bilingual Counselor

The Ecumenical Center - San Antonio, Texas

January – November 2020

- Provided counseling services to children, adolescents, adults, couples, and families via face to face and virtually
- Provided counseling services to victim of crimes clients
- Serviced clients suffering from grief and loss
- Serviced clients at the end of life
- Collaborated with Life After Loss committee members and provided training to future individuals wishing to coordinate Life After Loss groups
- Facilitated Life After Loss groups

Ph.D. Student Intern and LPC Intern

Abode Contemplative Care for the Dying - San Antonio, Texas

July 2019 – March 2020

- Helped provide care for individuals who had been diagnosed with a terminal illness and had 3 months or less to live
- Provided emotional support to house staff, volunteers, and guest families
- Helped the executive director train counselor interns
- Provided self-care workshops to house volunteers and staff

Ph.D. Student Intern and LPC Intern

Living Stone Worship Center – Del Rio, Texas

2018 – 2019

- Provided counseling services to children, adolescents, adults, couples, and families
- Facilitated and provided mental health topics to groups
- Collaborated with pastoral staff and assisted with staffing to better service the community

Ph.D. Student Intern and LPC Intern

San Antonio Behavioral Healthcare Hospital - San Antonio, Texas

2018 - 2020

- Conducted group, individual, and family sessions for inpatient clients both children and adults with acute psychiatric crisis and addictions
- Prepared psycho social, treatment plans, consultations with psychiatrist of patients' progress and treatment

Ph.D. Student Intern and LPC Intern

St. Mary's University Family Life Center - San Antonio, Texas

2017 – 2020

- Provided psychotherapy and neurofeedback therapy for clients at the Family Life Center
- Met with adults, couples, children weekly for therapy sessions

Ph.D. Student Intern and LPC Intern

BCFS Health and Human Services – Del Rio, Texas

2017 - 2018

- Completed assessments, planning, implementing, monitoring, and advocating for children and adolescents
- Worked closely with Child Protective Services and Del Rio San Felipe CISD to meet the identified needs of children
- Met with children, adolescents, and parents weekly for counseling sessions
- Provided direct counseling to clients from ages 5-18 at the office and at the schools
- Completed intakes and required documents for clients and maintained a caseload efficiently and accurately using a data system
- Worked closely with clients and their families and provided a treatment plan
- Worked closely with case managers and attended staffing to collaborate with staff to ensure proper treatment plans were adequate for clients

Ph.D. Student Intern and LPC Intern

Val Verde County Specialty Court – Del Rio, Texas

September - December 2017

- Attended staffing and collaborated with County Judge, County Probation Offices, State Prosecutor, and Defense attorney to evaluate and review probationer's treatment plans, mental health evaluations, and probationers progress
- Conducted group counseling session with probationers

Cognitive/Substance Abuse Programs Facilitator

2011 – 2017

United States Probation Office – Del Rio, Texas

- Met with federal offenders and their families on a monthly basis in group settings to teach various topics related to substance abuse addictions incorporating CBT

Student Counselor Intern

Val Verde County Women's Shelter

2013 – 2015

- Provided short term therapy for women and children
- Conducted Individual, Group, and Family sessions

Other Professional Experience

United States Probation Officer – Supervision Officer and Presentence Investigator

2000 - 2017

Responsibilities: Supervised offenders with substance abuse and mental health needs, participated with the re-entry program and formulated treatment plans for offenders, communicated with various law enforcement agencies to maintain safety in the community, and supervised high risk offenders. Conducted federal investigations and prepared quality reports for the United States Courts in compliance with Federal Criminal Code and Rules, along with the United States Sentencing Guidelines Commission. Compiled and summarized information within established time frames, organized, and prioritized work, as well as worked independently with little or no supervision.

Organizations and Leadership

Chi Sigma Iota – Alpha Pi Chapter

2017 - 2020

St. Mary's University - Doctorate Student Representative

Abode Contemplative Care for the Dying - Board of Directors Member

2019 - 2020

Sul Ross State University-Rio Grande College - Counseling Program President

2013 - 2014

SKILLS

Industry: Diverse counseling skills, Curriculum instruction, Leadership, Communication

Functional: Team Collaboration, Time Management, Critical Thinking, Attention to Detail, Problem Solving

Technical: Microsoft Office Suite, Neurofeedback equipment and programs, Data analysis

Language: English and Spanish

Professional Memberships

American Counseling Association

Texas Counselors Association

Association for Death Education and Counseling