

EDUCATION

Graduate: EAST TEXAS A&M UNIVERSITY
Commerce, TX
PhD in Counselor Education and Supervision - August 2025
CACREP Accredited

DALLAS THEOLOGICAL SEMINARY
Dallas, TX
Master of Arts in Counseling – December 2020

Undergraduate: UNIVERSITY OF SOCIAL SCIENCES AND HUMANITIES
Ho Chi Minh City, Vietnam
Bachelor of Arts in International Relations – May 2015

PROFESSIONAL LICENSURE

Licensed Professional Counselor
License number: 85980

CLINICAL EXPERIENCE

Lam Counseling Services (Private Practice), April 2025 – Present Melissa, TX
LPC. Provide individual, group, premarital, and couples counseling to the communities of Melissa, Anna, McKinney and the surrounding areas.

Dallas Baptist University Counseling Center, August 2021 – July 2025 Dallas, TX
LPC-Associate. Provide individual, group, premarital, and couples counseling to DBU students, faculty, and staff.

Harold Murphy Counseling Center, August 2021 – August 2025 McKinney, TX
LPC-Associate. Comprehensive counseling services including individual, group, marital and family counseling to McKinney and Richardson ISD students, their families, and residents of Collin County. Additionally, participated in client screening and intake processes and engaged in local community outreach programs.

SUPERVISION EXPERIENCE

Texas A&M University - Commerce, January 2023 – August 2023 Dallas, TX
Doctoral Student Supervisor. Provided clinical supervision to master's level counseling students in practicum classes under the supervision of doctoral faculty member.

Harold Murphy Counseling Center, August 2021 – Present Dallas, TX
Graduate Assistant. Conduct research at the counseling center. Assist the clinical director in assessing student counselors.

LEADERSHIP & ADVOCACY EXPERIENCE

PhHuy, July 2024 – Present

PhHuy is a project funded by NBCC Minority Foundation to provide graduate-level video lectures on the topic of counselor education and supervision in the Vietnamese language. The goal is to bridge the language gap for Vietnamese-speaking counselors and students. See more at <https://www.youtube.com/@Ph-Huy>

*****2024 IAMFC Emerging Leader**

One of the six individuals selected from a nationwide pool of candidates to receive recognition by the International Association of Marriage and Family Counselors (IAMFC). The IAMFC Emerging Leaders program was developed to allow student and new professional leaders to participate in IAMFC activities, receive mentorship, and connect with professional networking opportunities.

*****2023 NBCC Minority Foundation Fellows**

Received an award from NBCC Minority Foundation. The NBCC Minority Fellowship Program (MFP) is a federally funded program that provides financial support and training to master's and doctoral-level counseling students from minority backgrounds. The NBCC MFP helps ensure that the behavioral health needs of all Americans are met, regardless of language or culture, thereby reducing health disparities and improving overall community health and well-being. In 2023, the NBCC MFP selected 20 doctoral students from across the U.S. to receive fellowships of \$20,000, plus the travel expenses to participate in program-related trainings.

Psychological Initiative for Communities (PsyWic), April 2020 – April 2023 Dallas, TX

Cofounder & Board Member. Provide beneficial mental health information to Vietnamese-speaking communities through social media to help correct misconceptions and to promote love and empathy for those impacted. Provide counseling training and expert consultation to individuals and organizations who wish to improve their quality of care. See more at <https://www.youtube.com/@PsyWicV>

Colorful World Foundation (The Gioi Muon Mau), May 2019 – May 2023 Dallas, TX

Volunteer Mental Health Advocate for Vietnamese speaking population. Promoted mental/physical health, and social programs in the Vietnamese community through attending public relation events at health fair and on social media.

PRESENTATIONS

- Lam, D., Vo, H.** (2024). *Kết Nối Khoảng Cách Thế Hệ (Bridging the Generational Gap)*. A presentation to Vietnamese-speaking parents at Garland Vietnamese Baptist Church (Dallas, TX) about developmental characteristics of teenagers and strategies for connection.
- Lam, D., MohdZain, Z.** (2024). *Studying Vietnamese Families Using Documentary Film*. A presentation at the 2024 International Association of Marriage and Family Counseling (IAMFC) World Conference in New Orleans, Louisiana (peer-reviewed).
- MohdZain, Z., **Lam, D.** (2023). *Case Conceptualization: Exchange of perspectives*. A conjoint presentation to graduate students in counseling at Taylors University in Kuala Lumpur, Malaysia and Texas A&M University – Commerce (invited).
- Lam, D.** (2023). *Voices of Participants: The Use of Documentary Film in Qualitative Research*. A presentation at the 2023 Association of Assessment and Research in Counseling (AARC) annual conference, Nashville, Tennessee (peer-reviewed).
- Vo, H., **Lam, D.** (2023). *Trầm Cảm Ở Trẻ Em (Depression in Youth)*. An online presentation to Vietnamese-speaking young adults, discussing the signs and symptoms of depression in youth and ways families and friends can support depressed youth.
- Lam, D., Rodriguez, D., Chuyou-Campbell, C.** (2023). *Brain Development in Adolescents*. A presentation at the Juvenile Crisis Intervention Training hosted by Allen Police Department (invited).
- Chuyou-Cambell, C., **Lam, D.** (2023). *Engaging Different Generations in Asian Families in Play Therapy*. A presentation at the 2023 Texas Association for Play Therapy Conference, San Antonio, Texas (peer-reviewed). <https://txapt.org/conference/>
- Vo, H., **Lam, D.** (2023). *Những Điều Cần Biết về Tâm Thần Phân Liệt (What to Know About Schizophrenia)*. An online presentation to Vietnamese-speaking young adults, providing information on schizophrenia and support strategies.
- Vo, H., **Lam, D.** (2022). *Giới Hạn Trong Các Mối Quan Hệ (Relational Boundaries)*. An online presentation to Vietnamese-speaking young adults, discussing the importance of relational boundaries. <https://www.youtube.com/watch?v=HfEPCPIC7LY>.
- Vo, H., **Lam, D.** (2022). *Chăm Sóc Bản Thân (Self-care)*. An online presentation to Vietnamese-speaking young adults, discussing common problems in establishing self-care routine. https://www.youtube.com/watch?v=x_c8_9acF6c.
- Lam, D.** (2022). *Trầm Cảm và Niềm tin (Depression and Christian Faith)*. An online presentation to Vietnamese-speaking college students, discussing depression and Christian faith.
- Lam, D.** (2021). *Chu Kỳ Bình An và Đau Buồn (Pain and Peace Cycle)*. An online presentation to Vietnamese-speaking young adults, discussing conflicts in romantic relationships.

- Vo, H., **Lam, D.**, Nguyen, P. (2021). *Mất Mát (Grief)*. A virtual workshop providing information and support to people in Vietnam who were suffering from losses due to COVID 19.
<https://youtu.be/VwgpG8NfaAQ>
- Vo, H., **Lam, D.** (2021). *Sức Khỏe Tâm Lý Mùa Dịch (Mental Health During COVID 19)*. A virtual workshop providing information about self-care to assist people in Vietnam who were under COVID lockdown. <https://youtu.be/F0dyw36s2Dw>
- Vo, H., **Lam, D.** (2021). *Love & Thrive*. A presentation about common issues in marriage at Faith Vietnamese Baptist Church, Dallas, TX. (invited)
- Vo, H., **Lam, D.** (2021). *Emotional First Aid*. A workshop providing information about administering emotional first-aid to oneself and others at the Vietnamese Baptist Conference 2021, Dallas, TX. (invited)

TEACHING EXPERIENCES

COUN 695-Qualitative Research, Spring 2024, Texas A&M University – Commerce.

Doctoral-level class. Co-taught a weekly class in person and assisted the primary instructor in lecturing and assessing students.

- **Lecture: Paradigms in Qualitative Research**, Spring 2024, Texas A&M-Commerce.
Discussed the characteristics, significance and application of major paradigms in qualitative research.

COUN 516-Basic Counseling Skills, Fall 2023, Texas A&M University-Commerce.

Master's level class. Co-taught a weekly class in person and assisted the primary instructor in facilitating roleplays and assessing students.

- **Lecture: Selfcare**, Fall 2023, Texas A&M-Commerce
Discussed the ethical, professional and personal significance of selfcare in the counseling field for students in COUN 516 Basic Counseling Skills
- **Lecture: Case Conceptualization**, Fall 2023, Texas A&M-Commerce.
Discussed the definition and significance of case conceptualization and provided case examples for students in COUN 516 Basic Counseling Skills.

COUN 516-Basic Counseling Skills, Spring 2023, Texas A&M-Commerce.

Master's level class. Co-taught a weekly class in person and assisted the primary instructor in facilitating roleplays and assessing students.

Lecture: Existential Psychotherapy, July 2022, Texas A&M-Commerce.

Doctoral-level class. Discussed the philosophical roots of modern existential therapy and its implications in the age of multiculturalism and integrative therapies.

Lecture: Worldview, Theories, Techniques and You, April 2022, Texas A&M-Commerce.

Doctoral-level class. This presentation gave counseling students a basic understanding of how to think about counseling theories and the relationship between counseling theories and their own worldviews.

Lecture: Religious and Spiritual Competence in Counseling, August 2021, Texas A&M-Commerce.
Doctoral-level class. Discussed the significance of partnering with religious leaders in order to improve quality of care in a spiritually-diverse community.

FUNDINGS/GRANTS

2023 NBCC Minority Foundation Doctoral Fellows: Funded (\$20,000)

The NBCC Minority Fellowship Program (MFP) is a federally funded program that provides financial support and training to master's and doctoral-level counseling students from minority backgrounds. The NBCC MFP helps ensure that the behavioral health needs of all Americans are met, regardless of language or culture, thereby reducing health disparities and improving overall community health and well-being. In 2023, the NBCC MFP selected 20 doctoral students from across the U.S. to receive fellowships of \$20,000, plus the travel expenses to participate in program-related trainings.

2023 TACES Grant Request for Proposals (RFP): Not Funded

CURRENT RESEARCH PROJECT

AWARDS/HONORS

2024 IAMFC Emergent Leader
2023 NBCC Minority Foundation Fellows

EXPERTISE AND INTEREST AREAS

Existential-Humanistic Therapy
Couples Therapy
Male Issues in Counseling
Gestalt Deamwork
Religious and Spiritual Concerns in Counseling
Constructivist Grounded Theory Research
Vietnamese-speaking population.

LANGUAGES SPOKEN

Vietnamese, fluent.

English, fluent.

CERTIFICATIONS AND TRAINING

Level 2 Certification in Gottman Method Couples Therapy, May 2018

Certified PREP (A Lasting Promise) facilitator, January 2018

EHI Certificate in the Foundations of Existential-Humanistic Practice, May 2024

Constructivist Grounded Theory Training by Dr. Elaine Keane, Hosted by ResearchTalk, July 2024

Comprehensive Interpersonal Neurobiology Training by Dan Siegel, November 2024

Level 1 Person-Centered Sand Tray Training by Sheri Shulenberger, LPC, CCST-T, July 2024