

Educational Background

Doctorate of Philosophy in Counselor Education
CACREP Accredited Program
Summa Cum Laude, August 2022
Sam Houston State University, Huntsville, TX

Master of Arts in Clinical Mental Health Counseling
CACREP Accredited Program
Summa Cum Laude, May 2017
Sam Houston State University, Huntsville, TX

Bachelor of Arts in Psychology and Spanish
Magna Cum Laude, May 2014
Texas A&M University, College Station, TX

Student Scholarships Received

- SHSU Counseling Department Scholarship, 2020
- SHSU Graduate Student Scholarship, 2019
- Arthur Mays Scholarship, 2019
- SHSU Graduate Student Scholarship, 2017
- Houston Counseling Association Scholarship, 2016
- James O. Mathis Scholarship, 2016
- Texas A&M Regent's Scholar, 2011-2014
- Texas A&M Gilman Scholar, 2013

Awards

- Outstanding Doctoral Research Award, Fall 2021, Sam Houston State University

Honor Societies

- Chi Sigma Iota, Counseling Honor Society
- Phi Beta Kappa, International Liberal Arts Honor Society
- Psi Chi, International Psychology Honor Society
- Sigma Delta Pi, Hispanic Honor Society

Higher Education Teaching Experience

****References can be found in Appendix C**

University of North Texas at Dallas, Dallas, TX (January 2024- present)

Title: Adjunct Faculty

Educating master's level students. Ensuring students' ability to apply course content to counseling with clients. Supervising and educating master's level students in counseling skills. Facilitating discussion to promote learning. Guiding students in professional communication and self advocacy in a professional setting with external sites.

Format: live, in person, hybrid, online, Canvas

Courses Taught:

- COUN 5710 Theories
- COUN 5721 Internship I, II
- COUN 5470 Career Counseling
- COUN 5490 Crisis Counseling
- COUN 5670 Developmental Processes and Strategies

Southern Methodist University in Dallas, TX (January 2023- present)

Title: Adjunct Faculty

Educating first semester master's level students in basic counseling skills. Ensuring students' ability to show active listening and basic counseling skills via demonstrations. Coaching students to improve skills needed to continue in the program. Format: live, in person, Canvas

Courses Taught:

- COUN 6302 Basic Skills
- COUN 6303 Group Counseling
- *Guest Speaker for HDCN 6338: The Science of Interpersonal Neurobiology & Trauma Counseling (March 2024, April 2025)*

Contact: Dr. Misty Solt msolt@smu.edu

Topics: Dissociation 101 and Dissociative Identity Disorder

Charleston Southern University in Charleston, SC (September 2023 - present)

Title: Adjunct Faculty

Educating master's level students. Ensuring students' ability to apply course content to counseling with clients. Format: virtual, synchronous, delivered via zoom and Blackboard

Courses Taught:

- COUN 504 Human Growth and Development
- COUN 650 Advanced Psychopathology
- COUN 605 Grief, Crisis, and Trauma
- *Guest Speaker for Grief, Crisis, and Trauma Class (October 2019; October 2020; October 2021, October 2023)*

Contact: Dr. Elizabeth Wofford ewofford@csuniv.edu

Topics: Dialectical Behavioral Therapy; Stalking and how to help clients who are being stalked; Borderline Personality Disorder

Texas Woman's University in Denton, TX (August 2022 - December 2023)

Title: Adjunct Faculty

Supervising and educating master's level students in counseling skills. Facilitating discussion to promote learning. Guiding students in professional communication and self advocacy in a professional setting with external sites.

Format: live, in person, Canvas

Courses Taught:

- COUN 5364 Practicum
- COUN 5894 Internship (blend of first and second semester internship students)
- COUN 5252 Treatment Planning & Diagnosis

****Graduate Teaching Scores Available Upon Request, See Appendix A**

Sam Houston State University in Huntsville, TX (August 2019- May 2022)

Title: Undergraduate Instructor

Taught~70 undergraduate students each semester. Created engaging lecture materials. Facilitated class discussion to promote learning.

Format: live, in person, Blackboard and remotely, online, and blended hybrid as required to accommodate for COVID19

Courses Taught:

- COUN3321 Introduction to Helping Relationships
- COUN3331 Introduction to Principles of Counseling
- COUN3322 Career Development

Course Development:

- COUN3321 Introduction to Helping Relationships- online version

****Undergraduate IDEA Teaching Scores can be found in Appendix B**

Teaching Internship at Sam Houston State University in Huntsville, TX (August 2021- December 2021)

Course: COUN5334 Effective Human Behavior

Contact: Dr. Seth Olson sx0036@shsu.edu

Details: Cotaught this asynchronous online course and was responsible for 50% of all grading, communication with masters level students, lecture material, etc. This course teaches students the *DSM-5*, diagnosing processes, and treatment planning.

Guest Speaker for Master's Level Counseling Crisis & Trauma Class at Sam Houston State University in Huntsville, TX (July 2021)

Contact: Dr. David Lawson dx1028@shsu.edu

Topics: Mindfulness for trauma clients (via zoom)

*As a part of College Teaching course for doctoral program

Guest Speaker for Master's Level Counseling Supervised Practicum Class at Sam Houston State University in Huntsville, TX (March 2021; April 2021)

Contact: Dr. Susan Henderson seh007@shsu.edu

Topics: Teaching mindfulness to clients; Suicidal gestures vs. nonsuicidal self-injury in clients

Guest Speaker for Undergraduate Level Psychology Class at Blinn Community College in Bryan, TX (Nov. 2016; March 2017; April 2017; October 2017; November 2017)

Contact: Alison Pourteau, LPC-S 979-217-1315

Topics: Domestic Violence; Sexual Assault; Stalking

Teaching Related Training, Certifications, and Acknowledgements

- Adjunct Faculty of the Year UNT Dallas (Academic Year 2023-2024)
- Teaching Spring Kickoff Training, Southern Methodist University (January 2024)
- 31st Teaching Effectiveness Symposium, Southern Methodist University (August 2023)
- Faculty Certification for Online Instruction, Sam Houston State University (May 2020)
- COVID Zoom Training, Sam Houston State University (March 2020; July 2020)

Technology Platform Proficiencies

- Blackboard and Collaborate Ultra (LMS)
 - Canvas (LMS)
 - GoReact
 - Google Web Apps- Drive, Slides, Sheets, Docs, Forms
 - Zoom- live and recordings
 - Kaltura
 - Panopto
 - Poll Everywhere
 - Microsoft Office and Office360
 - Canva.com
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Supervision Experience

Supervising Faculty at University of North Texas at Dallas

- Spring 2024, Fall 2024
 - Led group supervision class for practicum and internship courses. Conducted site visits. Provided individual supervision as needed.

Supervising Faculty at Texas Woman's University

- Fall 2022, Spring 2023, Summer 2023
 - Led group supervision class for practicum and internship courses. Provided individual supervision as needed.

Graduate Student Supervisor at Sam Houston State University

- Spring 2021: 30 direct hours
 - Supervised four masters level students taking supervised practicum triadically.
 - Assisted with management of the on campus counseling clinic.
*As a part of the supervision course
 - Fall 2021: 30 direct hours
 - Supervised one masters level student taking supervised practicum individually.
 - Coled group supervision with a class of seven students.
 - Spring 2022: 30 direct hours
 - Supervised four masters level students taking supervised practicum triadically.
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Professional Licensing and Certification Information

Jessica Endres, Texas LPC-S #78014, original issue date August 2017

NBCC, National Certified Counselor ID #830635, expires July 2027

Om Grown Yoga School, Yoga Alliance, Yoga Teacher 200hr Training, completed May 2017

Relevant Licensed Clinical Experience

Private Practice: Red Oak Therapy PLLC in Dallas, TX (July 2022- present)

Title: Counselor and Owner

- Counseling adults with trauma and dissociative disorders virtually.
- Maintaining two weekly DBT skills groups for adults virtually.

- Presenting and speaking events on dissociation for various local organizations, virtually and in person.
- www.redoaktherapy.com

Private Practice at Oakwood Collaborative in College Station, TX (July 2019- June 2022)

Title: Counselor

- Counseled adults with trauma and dissociative disorders virtually and in person.
- Maintained a DBT offering by leading two weekly DBT skills groups for adults virtually.
- Contracted with a local rehab, More Than Rehab, to provide DBT group weekly to their milieu (7/2019-2/2020)

Oakwood Roots in College Station, TX (August 2018- June 2019)

Title: Counselor, under supervision

- Counseled adults with trauma and dissociative disorders.
- Initiated, maintained, and taught weekly DBT skills groups, one for adults and one for high schoolers.
- Participated in and assisted with monthly training and group consultations.

Supervisor: Jeremy Dew 206-669-8124

Sexual Assault Resource Center in Bryan, TX (1 year 6 mos; August 2017-January 2019)

Title: Staff Counselor, under supervision

- Provided counseling to primary and secondary adult and adolescent survivors of sexual assault.
- Supervised volunteer advocate group leaders and student counseling interns.
- Created, managed, and taught a weekly DBT skills program as of January 2018. Supported volunteer advocates as staff on call. .

Supervisor: Alison Pourteau 979-217-1315

Master's Level Internship Experiences

- *Sexual Assault Resource Center in Bryan, TX (8 mos; October 2016-May 2017)*
- *Twin City Mission Domestic Violence Services in Bryan, TX (10 mos; August 2016-May 2017)*

Clinical Supervisor: Alison Pourteau 979-217-1315 (for both locations)

Other Relevant Mental Health Experience

Mental Health Mental Retardation Authority of Brazos Valley in Bryan, TX (1 year 8 mos; February 2015- September 2016)

Title: Recovery Facilitator Caseworker on Level of Care 3 and Level of Care 4/ACT Team

- Taught Illness Management and Recovery (IMR) curriculum, Supported Employment, and Supported Housing to promote independence.
- Advocated for clients in the community when necessary.
- Coordinated community resources to help clients meet their needs within their community.
- Evaluated clients in mental health crises in order to determine the least restrictive treatment possible to maintain safety of each client.

Supervisors: Jessi Hall 979-224-8558 / Dawn McKeehan 512-587-7455

Rock Prairie Behavioral Health-Strategic Behavioral Health LLC in College Station, TX (9 mos; May 2014- Jan 2015)

Title: Mental Health Technician

- Supervised patients during daily scheduled activities at an inpatient psychiatric hospital.
- Maintained patient safety and completed daily risk assessment of patients.
- Encouraged patient participation in treatment.
- Taught goals and mental illness education groups to adults and adolescents based on IMR curriculum.

Supervisor: Kizzy Thomas 979-676-4280

Clinical Training and Certifications

- Gender Affirming Psychotherapy (2025)
- Trauma Model Therapy Certification (2022)
- Gottman Level 1 & 2 Trainings (2021)
- Assisting Individuals in Crisis & Group Crisis Intervention (Critical Incident Stress Management- CISM) Trainings (2019)
- Advanced EMDR Trainings: PRECI & IGTP-OTS (2019)
- Bringing Trauma-Informed Yoga into Mental Health Clinical Practice (2018)
- Aggie Ally LGBTQ+ Training (2018)
- Eye Movement Desensitization and Reprocessing Basic Training (2018)
- Dialectical Behavioral Therapy Trainings (2017; 2022)
- Sexual Assault Prevention and Crisis Services, Texas Office of Attorneys General (2016)
- SASSI: Adult Substance Abuse Subtle Screening Inventory-3 (2016)
- Psychological First Aid Training (2015)

Grants Received

- Educational Endowment Fund: Texas Counseling Association
 - Obtained to attend the International Society for Study of Trauma and Dissociation annual conference in Frisco, TX in 2024
- Educational Endowment Fund: Texas Counseling Association
 - Obtained to attend the International Society for Study of Trauma and Dissociation annual conference in Seattle, WA in 2022
- Goodwin Educational Fund: International Society for Study of Trauma and Dissociation
 - Obtained to attend the International Society for Study of Trauma and Dissociation annual conference in Seattle, WA in 2022
- Professional Development Grant: State of Texas Office for Victims of Crime
 - Obtained to attend Nuestras Voces, a national bilingual sexual assault conference put on by rape crisis agencies from across the country in Milwaukee, WI in 2019

Professional Affiliations

- Texas Counseling Association (TCA)
- Texas Association of Counselor Educators and Supervisors (TACES)
- International Society for Study in Trauma and Dissociation (ISST-D)

Professional Service

- Reviewed proposals for 2025 Texas Association of Counselor Educators and Supervisors (TACES) Midwinter Conference
 - Reviewed proposals for 2024 Texas Counseling Association (TCA) Annual Growth Conference
 - Committee Member for Dissertation at Charleston Southern University
 - Content Specialist for Mental Health
 - *Mental Health's Impact on African American First-Time Homebuyers: A Qualitative Study of Security and Equity* by Stephen Kohn
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Research Experience

Graduate Student at Sam Houston State University in Huntsville, TX (January 2021- August 2022)

Supervisor: Dr. David Lawson dxl028@shsu.edu

- Researched literature, interviewed experts, and will submit an article to the *Journal of Trauma & Dissociation* for publication entitled *Barriers to the Diagnosis of Dissociative Identity Disorder: Interviews with Experts*.
- Contributed to an article for Dr. Lawson *Dissociative Identity Disorder: Implications for Training and Supervision* which is submitted for publication to the *Journal of Counselor Education & Supervision*.
- Organized and checked data for the *Sam Houston State University Center for Clinical Research & Training in Trauma*.
- Organized Spring 2021, Fall 2021, and Spring 2022 workshops for the *Sam Houston State University Center for Clinical Research & Training in Trauma*.
- Coordinated bringing in Dr. Colin Ross, renowned researcher and clinician with trauma and dissociative disorders and creator of the Dissociative Disorders Interview Scale (DDIS), for the Spring 2021 workshop.

Undergraduate Research Assistant at the Peer Relations and Adjustment Lab at Texas A&M University in College Station, TX (1 year; June 2013-May 2014)

Supervisor: Dr. Jamilia Blake, Ph. D. jjblake@tamu.edu

- Coded collected research data from an after school program at Davila Middle School.
 - Applied as an author of a paper presentation *Academic engagement, achievement, & homophily: The impact of student's individual academic engagement on the formation of suburban & urban peer groups, 2013* at the Society for Research with Adolescents, March, 2013.
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Academic Articles Submitted for Publication

Title: *Dissociative Identity Disorder: Implications for Training and Supervision*

Author: Dr David Lawson, Jessica Scoggins

Journal: *Journal of Counselor Education & Supervision*

**Pending acceptance

Title: *Barriers to the Diagnosis of Dissociative Identity Disorder: Interviews with Experts*

Authors: Jessica Scoggins, Dr David Lawson

Journal: *The Professional Counselor*

****Pending acceptance**

Other Written Articles

Title: *Truly Trauma Informed*

Author: Jessica Endres, LPC, NCC, MA

Source: *The View Magazine*, Summer 2022 Issue

***Note:** They referred to me as a “psychologist” due to different cultural terminology.

<https://theviewmag.org.uk/>

Title: *Depersonalization/Derealization Disorder*

Author: Jessica Endres, Phd, LPC

Source: *Real Eyez Nation*, Multiplied By One, Fall 2022 Issue

<https://multipliedbyone.org/real-eyez-nation-magazine/>

Other Media Appearances

Podcast: Therapeutic Perspective

Episode: Dissociation, Dissociative Identity Disorder (DID), and Childhood Trauma, Part 1

Air Date: July 17, 2023

Podcast: Therapeutic Perspective

Episode: Dissociation, Dissociative Identity Disorder (DID), and Childhood Trauma, Part 2

Air Date: July 18, 2023

Podcast: System Speak

Episode: Guest Speaker: Jessica Endres

Air Date: October 3, 2022

Podcast: Dissertation Nation

Episode: Episode 8: Dr Jessica Scoggins

Air Date: January 28, 2023

Professional Presentations, Trainings, and Speaking Events

***ACCEPTED** for International Society for the Study of Trauma and Dissociation's Virtual Conference (Sept 27 & 28th, 2025) with Rachel Allen, LPC

Contact: cfas@isst-d.org

Topic: Gender Diversity in Dissociative Identity Disorder

***ACCEPTED** for America Counseling Association's SAIGE Virtual Conference (November 2025) with Sarah Ziske, LPC Associate

Contact: Suzy Wise Suzy.Wise@valpo.edu

Topic: Promoting Resiliency: Finding Social Support Outside of Session

Presented for Trauma Support Services' Female Survivors of Violence Conference (July 29th, 2025) in Plano, TX

Contact: Becky Aguilar becky@tssnt.org

Topic: Dialectical Behavioral Therapy: Skills for Healing

Presented for Keller Counseling Association (May 5th, 2025) in Keller, TX

Contact: Mark DeYoung deyoungconsulting@gmail.com

Topic: Complex Trauma Disorders - Where Do I Even Start?

Presented for Trauma Support Services (April 11th, 2025) virtually

Contact: Becky Aguilar becky@tssnt.org

Topic: Integrating Aspects of Yoga into Clinical Practice for Trauma Counselors

Presented for Local Counselor Meet Up in Colleyville, TX with Lauren Hawkins LPC (Sept 20th, 2024)

Contact: I organize this meetup group and we rotate speakers; Russell Baxter hosts at his practice russell@foundationscounselingpllc.com

Topic: Purity Culture and Counseling

Presented for Trauma Support Services' Female Survivors of Violence Conference (July 29th, 2024) in Plano, TX

Contact: Becky Aguilar becky@tssnt.org

Topic: Yoga's Role in Healing Trauma: What, How, and Why

Presented for Texas Counseling Association Professional School Counselor Conference in San Antonio, TX (February 2024)

Contact: Carrie Proctor carrie@txca.org

Topic: Bringing Dialectical Behavioral Therapy Into Schools

Presented for International Society for the Study of Trauma and Dissociation (ISSTD) Annual Conference in Frisco, TX (March 2024) with Lauren Hawkins LPC

Contact: cfas@isst-d.org

Topic: Purity Culture

Presented for International Society for the Study of Trauma and Dissociation (ISSTD) Annual Conference in Frisco, TX (March 2024)

Contact: cfas@isst-d.org

Topic: Paper Presentation: *Barriers to the Diagnosis of Dissociative Identity Disorder: Interviews with Experts* written with Dr. David Lawson

Presented for the Trauma Education Association, virtually (January 2024)

Contact: Tamara Allen tamaraAllenLPC@gmail.com

Topic: Complex PTSD vs DID: What am I Looking at and What Do I Do??

Presented at Oakwood Roots in College Station, TX (December 2023)

Contact: Jeremy Dew jeremy@oakwoodcounseling.com

Topic: DID Demystified: Basics for Counselors

Presented for Texas Counseling Association's Annual Growth Conference in Houston, TX (November 3rd, 2023)

Contact: Carrie Proctor carrie@txca.org

Topic: Making the Unseen, Seen: Identifying Hidden Symptoms of Complex Trauma

Presented for Trauma Support Services' Female Survivors of Violence Conference - On The Road, El Paso, TX (September 8th, 2023)

Contact: Becky Aguilar becky@tssnt.org

Topic: Violence Against Undocumented Spanish Speaking Women

Presented for Trauma Support Services' Female Survivors of Violence Conference (July 20th-21st, 2023) in Plano, TX

Contact: Becky Aguilar becky@tssnt.org

Topic: Violence Against Undocumented Spanish Speaking Women

Presented for the Therapeutic Perspective's Virtual Mental Health Provider Group (February 2023)

Contact: Lisa Savinon lisa@vibecounselingandwellness.com

Topic: Dissociation 101

Presented for the Trauma Education Association, virtually (February 2023)

Contact: Tamara Allen tamaraAllenLPC@gmail.com

Topic: Demystifying DID (Dissociative Identity Disorder)

Texas Counseling Association's Annual Growth Conference (November 2022)

Contact: Carrie Proctor carrie@txca.org

Topic: Treating Dissociation Within Diverse Client Identities

Corporate Mental Health Presentations for MedCerts, Fall Wellness Series (August 2022, Sept 2022; Oct 2022)

Contact: dlarson@medcerts.com

Topics: Back to School: Talking to Kids About School Shootings; Taking Care of Your Mental Health AND Supporting Your Family and Loved Ones' Mental Health; Domestic Violence Awareness, Prevention, and Support

Presented at International Society for the Study of Trauma and Dissociation (ISSTD) Annual Conference in Seattle, WA (April 2022)

Contact: cfas@isst-d.org

Topic: Being a Detective on the Case: Following the Clues to a DID Diagnosis

Presented for the Trauma Education Association, virtually (March 2022)

Contact: Tamara Allen tamaraAllenLPC@gmail.com

Topic: What is Dissociation??

Presented for Association of College Unions International, virtually (October 2021)

Contact: Tabitha Tipton tktipton@shsu.edu

Topic: Emotional Wellness for Students

*Accepted Presentation at Nuestras Voces National Bilingual Sexual Assault Conference in Phoenix, AZ (May 2020- **canceled due to COVID**)*

Contact: Laura Zarate artesana.alas@gmail.com

Title: EMDR Demystified: A Discussion and Live Demonstration

*Accepted Poster at American Counseling Association Conference in San Diego, CA (April 2020- **canceled due to COVID**) with Danielle White and Selina Hernandez*

Contact: Dr. Tina Christine L. Chasek chasekcl@unk.edu

Title: Counseling Sex Offenders: Basic Competencies for Professional Counselors

Presented at Oakwood Roots in College Station, TX (November 2020)

Contact: Jeremy Dew jeremy@oakwoodcounseling.com

Topic: Mindfulness and Self Care for Counselors

Copresented at Sam Houston State University's Center for Clinical Research & Training in Trauma in The Woodlands, TX (November 2020)

Contact: Dr David Lawson dml3466@aol.com

Topic: Dissociative Identity Disorder 101

*Panel and symposium style presentation about DID cases, symptoms and identification, phase 1 treatment strategies, and counselor care with Dr Lawson and Dr Akay-Sullivan

Presented at Oakwood Collaborative in College Station, TX (October 2020)

Contact: Jeremy Dew jeremy@oakwoodcounseling.com

Topic: Identifying and treating dissociation in clients- types of dissociation and dissociative disorders, how to identify dissociation, when to suspect DID/OSDD, how to evaluate and screen, and when to make referrals

Presented at Oakwood Collaborative in College Station, TX (July 2019)

Contact: Jeremy Dew jeremy@oakwoodcounseling.com

Topic: What is Eye Movement Desensitization and Reprocessing?? For Non EMDR Trained Counselors- basics of what EMDR is and how to make referrals

*Oakwood Collaborative consists of LPCs, LMFTs, LCSWs, and Psychologists.

Presented at Sexual Assault Resource Center (SARC) Volunteer Advocate Training in College Station, TX (February 2019; June 2019)

Contact: Caroline Adams cadams@sarcbv.org

Topic: Stalking- signs of stalking, what to do if a survivor is being stalked, and cultural

normalization of stalking behaviors

Presented at Oakwood Roots in College Station, TX (December 2018)

Contact: Jeremy Dew jeremy@oakwoodcounseling.com

Topic: Mindfulness for Counselors- for the counselor as self care and how to teach skills to clients effectively

*Oakwood Roots consists of LPC-Associates, LMFT-Associates, LMSWs working on their LCSW, and graduate students in internship and practicum.

"You Are Not Alone" Sexual Assault Panel Discussion and Q&A at Texas A&M in College Station, TX (October 2018)

Contact: Dr Denise Crisafi dcrisafi@studentlife.tamu.edu

Topic: Panel discussion on sexual assault representing the Sexual Assault Resource Center along with representatives from Health Promotions at TAMU and Whitney Bliss from San Marcos.

Presented at More Than Rehab in Bryan, TX (June 2018)

Contact: Michael Thompson michaelt.thompson@gmail.com

Topic: Dialectical Behavioral Therapy for Addictions

Presented at SARC Volunteer Advocate Training in College Station, TX (January 2017; June 2017; October 2017; January 2018; June 2018; October 2018; January 2019)

Contact: Caroline Adams 979-220-1804

Topic: Self-Care for Advocates of Survivors of Sexual Assault

Presented at A&M Consolidated Middle School in College Station, TX (Sept. 2016- Suicide Awareness Week)

Contact: Brian Miles, LPC bmiles@csisd.org

Topic: Suicide Awareness & Prevention *As a part of master's degree course requirement..

Copresented at the Drug and Alcohol Summit at Sam Houston State University in Huntsville, TX (Sept. 2015)

Contact: Dr. Richard Henriksen rch008@shsu.edu

Topic: The Pros and Cons of the Legalization of Marijuana

Service and Community Involvement

Domestic Violence Coalition Brazos Valley- Fundraising Chair in Bryan, TX (May 2019- August 2021)

- Organized fundraising activities for the coalition which supports Twin City Domestic Violence Services and their shelter Phoebe's Home.
- Managed volunteers for events.

Contact: Alison Pourteau alipourteau@gmail.com

Sexual Assault Resource Center- Volunteer Advocate in Bryan, TX (October 2016- June 2019)

- Volunteered for shifts overnight and on weekends to support survivors of sexual assault.
- Provided crisis intervention on the crisis hotline and at the hospitals face to face.
- During employment dates, served as Staff on Call to support volunteers or to fill in to

cover the overnight shifts.

Contact: Caroline Adams cadams@sarcbv.org

International Experiences and Multicultural Education

DEEDS (Diversity Education, Engagement, Development, & Support) Certificate Program (Fall 2021- Spring 2022)

- Completed 25 hours of workshops on various multicultural topics focused on a variety of populations.
- Gained knowledge in three areas of competencies: self-awareness/reflection, methods/application, and culturally proficient practices.
- Optional program offered to doctoral students, faculty, and staff at Sam Houston State University by the College of Education.

Brazos Interfaith Immigration Network- Spanish Language Citizenship Class Teacher in Bryan, TX (June 2013- May 2015)

- Cotaught the citizenship test material in Spanish to adults (age 50+).
- Built relationships with and between students to foster community.

Contact: Jim Said jsaid@live.com

Baptist Student Ministries- English Teacher in College Station, TX (August 2011-May 2014)

- Prepared written lessons for international students.
- Helped students with verbal speaking skills.
- Engaged students in American culture.
- Led 4 other teachers.

Contact: Rebecca Hernandez rebecca@aggiebsm.org

Study Abroad- La Universidad Latina en Heredia, Costa Rica (January 2013-April 2013)

- Completed 15 hours of Spanish language coursework.
- Attended cultural events at the university and as organized by the study abroad program.
- Immersed in cultura and language.
- *Hogar Infantil (January 2013-April 2013) in Santo Domingo, Costa Rica*
 - Volunteered with children (ages 6 and under) who were removed from their homes for abuse/neglect or abandoned by their parents.
 - Participated in various activities with the children to keep them safe and active.
 - Saw the power of play as the language of children.
 - Learned how poverty and parental behaviors affect children.
 - Gained knowledge of how to work with children who have been abused or neglected.

Contact: Maria Molina maria@soleducation.com

Reach The World Travel Correspondent in Bronx, New York (January 2013-June 2013)

- Partnered with an inner city classroom at MS331 through Reach The World and the Gilman Scholarship Program.
- Wrote weekly subject based articles and personal journals with photos of my time spent

in Costa Rica used in an after school program that focused on studying food security and social activism in Latin America.

Contact: Tonia Lovejoy tonia@reachtheworld.org

Other Work Experience

Teaching Various Yoga Classes in Bryan/College Station Area (May 2017-present)

- Yoga styles: hatha, gentle, vinyasa, restorative, and yin
- Incorporating mindfulness, meditation, and appropriate yoga poses into therapeutic settings

Languages

Spanish

- Ability to read, write, understand, and communicate verbally
- Advanced conversational proficiency

Appendix A: Graduate Teaching Evaluations

PDFs of previous student evaluations for graduate courses taught available upon request due to universities using a variety of scoring applications.

Appendix B: Undergraduate IDEA Teaching Scores

SEMESTER: Fall 2019					
University	Course	Summary	Progress on Relative Objectives	Ratings of Summative Questions	Response Rate
Sam Houston State University	COUN 3321: Intro to Helping Relationships	4.3	4.5	4.1	43%
Sam Houston State University	COUN 3331: Intro to Principles of Counseling	4.9	4.8	5	35%
SEMESTER: Spring 2020					
None administered due to COVID 19					
SEMESTER: Summer 2020					
None administered due to COVID 19					

SEMESTER: Fall 2020					
University	Course	Summary	Progress on Relative Objectives	Ratings of Summative Questions	Response Rate
Sam Houston State University	COUN 3321: Intro to Helping Relationships	3.8	3.7	3.8	32%
Sam Houston State University	COUN 3331: Intro to Principles of Counseling	4.4	4.2	4.5	41%
SEMESTER: Spring 2021					
University	Course	Summary	Progress on Relative Objectives	Ratings of Summative Questions	Response Rate
Sam Houston State University	COUN 3321: Intro to Helping Relationships	4.7	4.8	4.6	44%
Sam Houston State University	COUN 3331: Intro to Principles of Counseling	4.8	4.7	4.9	16%
SEMESTER: Summer 2021					
University	Course	Summary	Progress on Relative Objectives	Ratings of Summative Questions	Response Rate
Sam Houston State University	COUN 3322: Career Development	4.7	4.4	5	24%
SEMESTER: Fall 2021					
University	Course	Summary	Progress on Relative	Ratings of Summative	Response Rate

			Objectives	Questions	
Sam Houston State University	COUN 3321: Intro to Helping Relationships	4.5	4.5	4.5	34%
Sam Houston State University	COUN 3331: Intro to Principles of Counseling	4.9	4.9	4.9	62%
SEMESTER: Spring 2022					
University	Course	Summary	Progress on Relative Objectives	Ratings of Summative Questions	Response Rate
Sam Houston State University	COUN 3321: Intro to Helping Relationships	4.7	4.5	4.8	66%
Sam Houston State University	COUN 3331: Intro to Principles of Counseling	4.6	4.5	4.7	76%

Appendix C: References

1. Dr. Seth Olson
 - a. seth.olson@shsu.edu
 - b. 936-294-3336
 - c. Capacity: Core Faculty Member and former Department Head at Sam Houston State University, Supervisor during my doctoral teaching internship
2. Dr. Elizabeth Wofford, LPC
 - a. ewofford@csuniv.edu
 - b. 979-595-6345
 - c. Capacity: Community colleague; Core Faculty Member at Charleston Southern University
3. Alison Pourteau, LPC-S
 - a. alipourteau@gmail.com
 - b. 979-217-1315
 - c. Capacity: Clinical Supervisor when under supervision

4. Jeremy Dew, LPC-S
 - a. jeremy@oakwoodroots.com
 - b. 206-669-8124
 - c. Capacity: Clinical Director at Oakwood Roots