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#### **QUALIFICATIONS SUMMARY**

- Offers 15 years' progressive experience researching public health programs; monitoring and evaluating their effectiveness; providing input to public policymakers; educating communities on health issues; and coordinating effective health service programs.
- Offers 15 years of public health teaching experience. Courses include Introduction to Public Health, Introduction to Community Health, Epidemiology, Environmental Health, Gerontology and Health, Social Statistics, Research Methods, and Senior Capstone.
- Applies successful grant administrative experience to oversee grant proposal development and award management; organize budgets and audits; supervise program staff; and ensure grantor guideline compliance.
- Delivers effective programs that promote valuable health and wellness activities and facilitate positive change for at-risk populations.
- Areas of expertise include: Distance Education and Learning, Curriculum Development, Research and Evaluations, Grant Management, Database Management, Budget Administration, Strategic Planning, Project Management, Partnership and Coalition Development

#### **EDUCATION**

# **Doctor of Public Health in Community and Behavioral Health**

December 2017

East Tennessee State University - Johnson City, TN

Dissertation title: "Access to Healthy Foods: A Descriptive Analysis of Farmers' Markets, Food Deserts &

USDA Food Assistance Programs in Tennessee Census Tracts"

**Dissertation Advisor**: Dr. Robert Pack, Chairman and Assistant Dean **Awards included**: Frist Global Health Scholars Program (2011 – 2016)

Academic Honors: Dr. Randy Wykoff Scholarship, National Scholars Honor Society, Golden Key

**International Honor Society** 

# **Master of Public Health in Community Health**

August 2010

East Tennessee State University - Johnson City, TN

Academic Honors: National Scholars Honor Society, Golden Key International Honor Society,

International Laureate Dean's List

#### **Master Certificate in Epidemiology**

August 2010

East Tennessee State University - Johnson City, TN

#### **Bachelor of Arts in Biology**

August 2008

Fisk University - Nashville, TN

**Academic Honors:** National Scholars Honor Society, Golden Key International Honor Society, International Laureate Dean's List, Tennessee Hope Scholarship & Central Carolina Foundation Scholarship

#### **ACADEMIC & MENTORING EXPERIENCE**

November 2019 – Present

Walden University – Remote

### **Contributing DrPH Faculty**

- Mentor dissertation committees for Ph.D. Public Health program and Doctor of Public Health (DrPH) program.
- Help students produce high-quality work through analyzing and synthesizing appropriate subject matter and/or by applying appropriate research methods and data analyses.
- Evaluate students' work related to their progress in achieving academic milestones and demonstrating standards of quality.

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January 2021 – Present

University of North Texas - Dallas, Remote

# **Adjunct Instructor, Public Health**

- Planned and developed a variety of instruction objectives and experiences appropriate to one introductory public health course (Introduction to Public Health) for 42 online students.
- Developed and taught to the objectives of the approved curriculum.
- Maintained appropriate records which indicate student progress and meet university requirements.

August 2019 - July 2024

Columbia Southern University - Remote

# **MPH Faculty**

- Design learning experiences for the unique characteristics of individual adult students through on-line classes, individual instruction, and self-directed learning. Courses include Grant Writing in Public Health; Health Program Planning, Implementation, and Assessment; Foundation and Methods in Community Health; and Strategies of Health Promotion.
- Maintain appropriate records that indicate student progress and meet college requirements.

September 2013 - May 2018

LeMoyne-Owen College - Memphis, TN

# **Adjunct Professor**

- Planned, prepared, and taught 3 introductory, 2 intermediate, and 2 advanced courses in research methodology and public health adhering to the Division of Social and Behavioral Sciences' curriculum requirements.
- Encouraged a student-centered learning environment by combining practical course content, creative technology resources, and classroom participation.
- Coordinated with students, faculty, and academic administrators to ascertain interest in and ultimately establish a public health minor at the college.

December 2013 - May 2018

LeMoyne-Owen College - Memphis, TN

# **Faculty Mentor**

- Mentored undergraduate students in data collection and analysis of social and behavioral research.
- Guided the students in preparation and presentation of research findings.

August 2009 - August 2013

ESTU College Public Health - Johnson City, TN

### **Graduate Teaching Assistant**

- Entrusted with designing curricula for Gerontology and Health, and Community Health courses.
- Counseled students to ensure proper understanding of course concepts and completion of course requirements.

#### **PROFESSIONAL EXPERIENCE**

July 2018 to Present

My Health My Resources of Tarrant County (MHMR) – Fort Worth, TX

# Senior Director of Development (October 2022 – Present)

- Serve as Executive Director for the MHMR Foundation, the 501c3 partner to MHMR of Tarrant County.
- Direct, develop, and mobilize financial resources to support targeted MHMR of Tarrant County programs, including the MHMR Foundation.
- Identify and pursue public and private grant opportunities to diversify funding sources.
- Manage grant projects from inception to completion, including budget oversight and reporting.
- Strategically oversee MHMR Foundation donor campaigns, fundraisers, and events.
- Lead development activities to meet revenue goals and fulfill the foundation's mission.
- Supervise development teams for MHMR and MHMR Foundation.

**Director II Grants & Development** (January 2022 – October 2022)

**Director of Grant Development** (September 2020 – January 2022)

Grants Manager (July 2018 – August 31, 2020)

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#### October 2013 - May 2018

LeMoyne-Owen College HBCU Wellness Project – Memphis, TN

# **Campus Director**

- Guided student-led, community-based participatory strategic planning, research, intervention, and prevention committee addressing health disparities in communities surrounding Tennessee's private HBCUs.
- Collected and assessed cultural, educational, social and demographic data to inform decisions around program development.
- Collaborated with academic and community partners to implement over 10 health disparities research studies and launch 4 campus-wellness education and intervention programs.
- Managed \$120,000 budget overseeing program expenditures and spend reporting.

May 2015 - July 2017

American Heart/Stroke Association - Memphis, TN/DeSoto County, MS

# **ANCHOR Partnerships Program Regional Campaign Manager**

- Cultivated working coalitions with diverse groups ranging from local neighborhood cooperatives and government agencies.
- Promoted capacity building as a means to policy change and advancements in food security and public health.
- Led and mentored interns by providing resources and fieldwork opportunities that supported their learning objectives and career goals.
- Executed a community action plan addressing policy, financial, and operational needs that resulted in increased access to sustainable and nutritious foods and beverages distributed at local markets.

July 2013 – July 2015

Tennessee Cancer Coalition (TC2)- Memphis/Jackson, TN

### **Regional Coalition Coordinator**

- Assisted regional coalitions with the implementation of the Tennessee Cancer Coalition State Plan, evaluation and reporting on coalition efforts.
- Worked closely with community members to provide resources and health education including local healthy food guide, and cancer care and survivorship toolkits.
- Crafted and distributed health notices, reports, and outreach communication materials.

# **RESEARCH EXPERIENCE**

December 2017 - July 2018

TDW Consulting Services – Remote

#### **Public Health Consultant**

- Identify opportunities for consultancy exposure by collaborating with stakeholders in public health research, education, and policy making.
- Partner with nonprofits, academic institutions, private corporations, and local government to support public health research and analysis efforts.
- Provide direction and technical assistance to produce winning grant proposals.

July 2017 - July 2018

University of Memphis/Delta Health Alliance - Memphis, TN

#### **Research Associate III**

- Designed and implemented public health research projects for a 501(c)(3) committed to improving health and health education for men, women, and children in the Mississippi Delta.
- Supervised graduate students as well as external research and implementing partners to execute project workplans.
- Administrated the Delta Health Alliance's Electronic Health Records and programmatic database tracking epidemiological statistics and relevant health data.

August 2012 - July 2014

Tennessee Department of Health - Nashville, TN

# **Research Consultant**

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- Maintained accountability for exploring and communicating qualitative and quantitative data regarding childhood obesity and infant mortality, laying the foundation for a federally-funded health assessment tool.
- Generated ninety-five comprehensive health profiles revealing county-specific health-adequacy and intervention-readiness indicators at Tennessee schools.

#### August 2009 – August 2013

ESTU College Public Health - Johnson City, TN

# **Graduate Research Assistant**

- Functioned as core support providing research and administrative assistance to the department's faculty.
- Conducted primary source research at numerous archives, examining publication history through multiple sources.
- Served as a data analyst for Tennessee Coordinated School Health.

#### **ADDITIONAL HONORS & AWARDS**

Frist Global Scholar, East Tennessee State University	2012 – 2017
The National Scholars Honor Society, East Tennessee State University	2011 – 2017
Golden Key International Honor Society, East Tennessee State University	2008 – 2018
Wykoff Scholarship, East Tennessee State University	2012
Rural Health Association of Tennessee Annual Conference Poster Contest 2 <sup>nd</sup> Place	2010
Appalachian Student Research Forum 1 <sup>st</sup> Place	2010

#### SCIENTIFIC MEETING PRESENTATIONS

#### **Oral Presentations**

**Wadlington, T.** (2024, June). Grants and Development Tips, Tools, and Lessons Learned. 2024 Texas Council Conference, San Antonio, Texas.

**Wadlington, T.** (2017, February). The State of Heart Disease and Healthy Snacking, National Coalition of 100 Black Women Forum, Memphis, Tennessee.

**Wadlington, T.** (2012, September). Health Promotion and Marketing Strategies, Tennessee Public Health Association Annual Meeting, Nashville, Tennessee.

**Wadlington, T.** (2012, April). The Dangers of Opioid Abuse. Substance Abuse Education Seminar, Johnson City, Tennessee.

**Wadlington, T.** (2010, November). Video Intervention to Promote Breastfeeding in a Primary Care Setting. Rural Health Association of Tennessee (RHAT) Annual Conference, Pigeon Forge, Tennessee.

**Wadlington, T.**, Abelson, B., Barger, K. (2010, April). Video Intervention to Promote Breastfeeding in a Primary Care Setting. The Appalachian Student Research Forum and the Boland Undergraduate Research Symposium, Johnson City, Tennessee.

**Wadlington, T.** (2009, August). Centers for Disease Control and Prevention Campaign Audit Database, Association of Minority Health Professions and Schools Meeting, Atlanta, Georgia.

# **Poster Presentations**

**Wadlington, T.**, Norton, C., Kasper, K., Robinson, L. (2018, April). Access to Healthy Foods: Farmers' Markets Food Deserts and Food Assistance in Tennessee Census Tracts. Poster session presented at Xavier University College of Public Health 11th Health Disparities Conference, New Orleans, Louisiana.

**Wadlington, T.**, Bennett, J., Woody, P. (2018, April). Delta Futures: The Impact of Teen Pregnancy Prevention on the Mississippi Delta. Poster session presented at Xavier University College of Public Health 11th Health Disparities Conference, New Orleans, Louisiana.

**WADLINGTON, T.**, BENNETT, J. (2018, MARCH). EVIDENCE OF A HOME VISITING PROGRAM IMPROVING BIRTHWEIGHT OUTCOMES IN THE MISSISSIPPI DELTA. POSTER SESSION PRESENTED AT NATIONAL HEALTHY START MEETING, WASHINGTON, D.C.

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INTERNSHIPS	
TDH Division of Minority Health and Disparity Elimination	2012
Tennessee Department of Mental Health and Substance Abuse Services	2012
Project Hope UK – Munsieville, Gauteng Providence, South Africa	2011 – 2012
Kingsport Tomorrow/YMCA/REACH Coalition Partnership	2010 – 2011
Association of Minority Health Professions and Schools	2009
ISLP South African Delegation on Medicine	2007
PROFESSIONAL MEMBERSHIPS	
American Public Health Association, Grant Professionals Association, Association of Fu	Indraising Professionals

American Public Health Association, Grant Professionals Association, Association of Fundraising Professionals

# **TECHNICAL SKILLS**

Blackboard, Canvas, SPSS, SAS, Mac OS, Windows OS