

FEB 2019 LUNCH

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

Cleaned Up
Creamy Butter
Chicken with
Cauliflower Rice

Brunch

03

04

05

06

07

08

09

Brunch

Chicken and
Broccoli Stir Fry

Ginger Beef,
Mushroom &
Kale Stir Fry

Soul Food

Spaghetti &
Meatballs
Mixed Veggies
& Garlic Bread

Chipotle Chix
Sandwich, Potato
Chips, Mixed
Veggies & Broccoli
Cheese Soup

Brunch

10

11

12

13

14

15

16

Brunch

Sesame Chicken
& Noodles w/ Egg
Rolls, Sweet and
Sour

Chicken Bacon
Alfredo w/ Mixed
Veggies &
Dinner Roll

Soul Food

Chicken Pot Pie
W/ Mixed
Veggies and
Dinner Roll

Tilapia
Florentine, Wild
Rice, Vegetable
Choice

Brunch

17

18

19

20

21

22

23

Brunch

Macaroni Beef &
Tomato
Casserole,
Vegetable Choice

BBQ Chicken,
Baked Beans,
Vegetable
Choice

Soul Food

Chicken Fried
Chicken, Corn
Cob, Mashed
Potatoes, Gravy &
Dinner Roll

Sloppy Joe,
Fresh Chips &
Vegetable
Choice

Brunch

24

25

26

27

28

Brunch

Chicken Marsala,
Wild Rice &
Vegetable Choice

Malibu Chicken,
Scalloped
Potatoes,
Vegetable Choice

Soul Food

Shepherd's,
Vegetable
Choice